

## Dip n' Dash Run Course

Youth Jr. Age 7-10 - 1 lap, .5 miles

Youth Sr. Age 11-15 – 2 laps, 1 mile



Clickable, downloadable map –

Youth Jr. Age 7 – 10 - <https://ridewithgps.com/routes/45763468>

Youth Sr. Age 11- 15 - <https://ridewithgps.com/routes/45763510>

# Dip n' Dash – 5K Route



Clickable, downloadable map –

<https://ridewithgps.com/routes/45763651>

Elevation

